

Healthy vs. Unhealthy Relationships

2022 Healthy Relationships Series Virtually

***15 participants maximum registered for each class



This class is the second part of the Virtual Healthy Relationships Series.

In this class we will learn what behaviors make a relationship healthy, unhealthy, or abusive. Good communication is an essential part of a healthy relationship so we will practice different types of communication and how to resolve arguments. We will also discuss how and why relationships end and how to deal with some of those feelings.

The three classes are:

1. Recognizing healthy or unhealthy relationships
2. Fighting fair and safely
3. Evaluating your relationship.

DDS



2022 Session Dates

Please select either Session 1 or Session 2 to attend.

Session 1 ☐

Thursday, April 28, 4:00-5:30pm

Monday, May 2, 4:00-5:30pm

Tuesday, May 3, 4:00-5:30pm

Session 2 ☐

Thursday May 26, 4:00-5:30pm

Tuesday May 31, 4:00-5:30pm

Thursday June 2, 4:00-5:30pm

Please complete the Referral Form to register:

https://forms.office.com/Pages/ResponsePage.aspx?id=-nyLEd2juUiwJjH_abtzi9fvBM7dHt5KmIRHuDwEa11UQIJLTVJBWkw1V1IJSzRYSVFUMkVBMFRNRy4u

[nyLEd2juUiwJjH_abtzi9fvBM7dHt5KmIRHuDwEa11UQIJLTVJBWkw1V1IJSzRYSVFUMkVBMFRNRy4u](https://forms.office.com/Pages/ResponsePage.aspx?id=-nyLEd2juUiwJjH_abtzi9fvBM7dHt5KmIRHuDwEa11UQIJLTVJBWkw1V1IJSzRYSVFUMkVBMFRNRy4u)

For questions or concerns, contact Sandi at Sandi.Geer@ct.gov, or by cell, 203-509-4783